



Weeks One to Four

<p>Hot: Salisbury Steak, Onion Gravy, Scalloped potatoes, Broccoli, Roll. Lorna Doones Cold: Chicken Salad on Wheat, Tomato and Cucumber Salad, Applesauce</p>	<p>Hot: Salmon Filet, w/Hollandaise Sauce, Rice Pilaf, Peas, Roll, Orange Cold: Roast Beef on Roll, Carrot and Raisin Salad, Pineapple</p>	<p>Hot: Polish Sausage, Red Potatoes, Sauerkraut w/Apples, Mixed Vegetables, Hot Dog Roll, Chocolate Cherry Cake Cold: Julienne Salad, Pita, Tropical Fruit</p>	<p>Hot: Tortellini with Meat Sauce, Seasoned Spinach, Carrots, Italian Bread, Strawberry Yogurt Parfait Cold: Egg Salad on Wheat, Sweet & Sour Slaw, Graham Crackers</p>	<p>Hot: Chicken Breast Marsala, Cauliflower, Mixed Vegetables, Brown Rice, Homemade Oatmeal Raisin Cookie Cold: Seafood Pasta Salad, Crackers, Chef Salad, Pears</p>
<p>Hot: Turkey, Gravy, Mashed Potatoes, Carrots, Roll, Molded Cranberry Salad Cold: Ham & Swiss on Rye, Homemade Macaroni Salad, Orange</p>	<p>Hot: Beef Pepper Steak Casserole, Broccoli, Wax Beans, Rice, Strawberry Bavarian Cold: Tuna Salad, Wheat Crackers, Sliced Tomato, Peaches</p>	<p>Hot: Penne Pasta with Meatballs and Sauce, County Cottage Mix, Chef Salad, Roll, Ambrosia Cold: Turkey and Swiss on White, Broccoli & Tomato Salad, Fruit Cocktail</p>	<p>Hot: Roasted Pork Loin with Cranberry Chutney, Sweet Potato, Collard Greens, Stuffing, Applesauce Cold: Greek Chicken Salad, Crackers, Mandarin Oranges</p>	<p>Hot: Baked Tilapia w/seafood sauce, Cole Slaw, Stewed Tomato and Zucchini, Rice Pilaf, Brownie Cold: Roast Beef & Cheese on Roll, Potato Salad, Tropical Fruit</p>
<p>Hot: Veal Parmesan over Penne with Sauce, Broccoli, Chef Salad, Roll, Pineapple Cold: Ham & Provolone, Roll, Cole Slaw, Homemade Cookie</p>	<p>Hot: Baked Chicken, Lima Bean Bake, Cheddar Mashed Potatoes & Chives, Roll, Pudding Cold: Julienne Salad, Wheat Crackers, Fruit Cocktail</p>	<p>Hot: Beef Stroganoff over Rice, Cauliflower, Green Beans, Homemade Cookie Cold: Pasta Noelle, Crackers, Carrot Sticks, Fruited Jell-O</p>	<p>Hot: Eggplant Roulette w/Meat Sauce, Zucchini Medley, Dinner Roll, Cantaloupe Cold: Turkey on Wheat, Broccoli Salad, Applesauce</p>	<p>Hot: Ham steak with Scalloped Potatoes Au Gratin, Peas, Cornbread, Blueberry Pear Crisp Cold: Tuna Salad on Rye, Beet and Onion Salad, Orange</p>
<p>Hot: Roasted Pork Loin w/Gravy, Mashed Sweet Potatoes, Creamy Dill Cabbage, Rye Bread, Banana Cold: Seafood Pasta Salad, Tomato Wedges, Chocolate Mint Cookie</p>	<p>Hot: Baked Tilapia w/ Lemon Dill Sauce, Red Potatoes, Spinach, Berry Muffin Square, Pineapple Cold: Ham on Pumpnickel, Creamy Carrot Salad, Southern Banana Pudding</p>	<p>Hot: Chicken Biscuit Pie, Gravy, Warm Apples, Brownie Cold: Beef & Blue Cheese Salad, Pita, Mandarin Oranges</p>	<p>Hot: Meatloaf, Gravy, Mashed Potatoes, Peas and Pearl Onions, Wheat Bread, Cinnamon Streusel Cold: Egg Salad on Wheat Roll, Cucumber Salad, Berry Compote</p>	<p>Hot: Lasagna, with meat sauce, California Mixed Vegetables, Chef Salad, Italian Bread, Lemon Bavarian Cold: Turkey on Marble Rye, Four Bean Salad, Orange</p>



Weeks Five to Seven

<p>Hot: Egg and Vegetable Omelet with Cheese Sauce, Roasted Red Potatoes, Raisin Bread, Butterscotch Pudding Cold: Ham Salad, Wheat Roll, Pineapple Slaw, Jell-O</p>	<p>Hot: Breaded Pork Chop, Gravy, Lazy Pierogi, Carrots, Roll, Spiced Apples Cold: Salmon Caesar Salad with Hard Boiled Egg, Breadstick, Brownie</p>	<p>Hot: Rigatoni with Italian Sausage, Cauliflower, Chef Salad, Roll, Peach Bavarian Cold: Turkey & Swiss on White, Macaroni Salad, Fresh Fruit</p>	<p>Hot: Boneless Chicken Breast over pasta, Gravy, Seasoned Squash, Peas, Berry Compote Cold: Roast Beef on Rye, Garden Salad, Homemade Cookie</p>	<p>Hot: Seasoned Beef Strips over Rice, Oriental Vegetables, Chef Salad, Peach Cobbler Cold: Greek Chicken Salad, Carrot Sticks, Pita, Pears</p>
<p>Hot: Pot Roast, Mashed Potatoes, mixed vegetables, Biscuit, Strawberry Jell-O w/fruit Cold: Julienne Salad, Roll, Pineapple</p>	<p>Hot: Stuffed Shells with Meat Sauce, Spinach w/ Mushrooms, Cauliflower, Italian Bread, Cannoli Cold: Turkey Rachel Sub, Applesauce</p>	<p>Hot: Ham Loaf, Scalloped Potatoes, Italian Green Beans, Roll, Chocolate Bavarian Cold: Chicken Pasta Salad, Crackers, Mandarin Oranges, Cake</p>	<p>Hot: Herb Crusted Tilapia, Broccoli Cheese Rice Casserole, Zucchini with Diced Tomato, Wheat Bread, Marble Cake Cold: Cold Meat Loaf, Roll, Fruit Salad ,Homemade Cookie</p>	<p>Hot: Breaded Chicken Breast with Tarragon Gravy, Roasted Red Potatoes, Peas, Carrots, Roll, Homemade Cookie Cold: Egg and Bacon Salad on Rye, Broccoli Salad, Banana</p>
<p>Hot: Turkey, Gravy, Glazed Carrots, Green Bean Casserole, Stuffing, Strawberry Bavarian Cold: Antipasto Salad, Roll, Peaches</p>	<p>Hot: Beef Stew, Brussels Sprouts, Biscuit, Pie Cold: Chicken Salad w/ Craisins on Wheat Bread, Carrots and Celery, Banana</p>	<p>Hot: Stuffed Peppers, Meat Sauce, Mashed Potatoes, Broccoli, Ital. Bread, Fruit Cocktail Cold: Egg and Olive Salad over Spring Mixed Greens, Cucumbers, Crackers Jell-O</p>	<p>Hot: Ham Steak with Brown Sugar Glaze, Creamed Dill Cabbage, Sweet Potatoes, Roll, Shortbread Cookie Cold: Tuna Salad on Rye, Marinated Tomato Slices, Pears</p>	<p>Hot: Lemon Chicken over Cheese Tortellini, Seasoned Spinach, Grilled Italian Vegetables, Orange Cold: Roast Beef, Multi Grain Roll, Potato Salad, Pudding</p>



Weeks Eight to Ten

<p>Hot: Polynesian Chicken, Green Beans, Rice, Summer Squash, Chocolate Cake Cold: Ham Salad over Mixed Greens, Breadstick, Ambrosia Salad</p>	<p>Hot: Pulled BBQ Pork, Butternut Squash, Roasted Red Potatoes, Wheat Roll, Cookie Bar Cold: Pasta Noelle, Crackers, Carrot Sticks, Melon Mix Salad</p>	<p>Hot: Roast Beef, Gravy, Cheesy Mashed Potatoes, Carrots, Rye Bread, Apple Cold: Seafood Salad over greens with tomatoes, Wheat Pita, Cinnamon Pears</p>	<p>Hot: Egg and Cheese Soufflé, Harvard Beets, Honey Bran Square, Butterscotch Pudding Cold: Roast Beef on Rye, Broccoli Slaw, Fruit Cocktail</p>	<p>Hot: Beer Battered Fish, Cole Slaw, German Potato Salad, Corn Bread, Fruit Parfait Cold: Turkey and Cheese on Wheat Roll, 4 Bean Salad, Mandarin Oranges</p>
<p>Hot: Braised Pork w/ warm cinnamon apples, Roasted carrots, Mashed Potatoes, Wheat bread, Chocolate Mousse Cold: Tuna Salad over greens, tomatoes, crackers, Tropical Fruit</p>	<p>Hot: Rotini with Meatballs and Sauce, Cauliflower, Chef Salad, Roll, Fruit Cocktail Cold: Turkey on Wheat, Copper Carrot Salad, Homemade Cookie</p>	<p>Hot: Turkey, Gravy, Mashed Sweet Potatoes, Peas, Stuffing, Fruited Tapioca Pudding Cold: Assorted Sub, Marinated Tomato and Onion Salad, Pineapple Upside Down Cake</p>	<p>Hot: Shepherds Pie, Breadsticks, Gingerbread Cake with Sugar Cold: Salad Samplers, Pita, Lettuce, , Marinated Beets, Jell-O</p>	<p>Hot: Breaded Buffalo Chicken Breast, Fiesta Corn, Broccoli, Italian Bread, Orange Cold: Roast Beef on Kaiser, Macaroni Salad, Lemon Berry Pudding</p>
<p>Hot: Turkey Ala King, Mashed Potatoes, Carrots, Biscuit, Homemade Cookie Cold: Cold Tortellini Salad with Ham and Pepperoni, Breadstick, Applesauce</p>	<p>Hot: Ham and Scalloped Potato Casserole, Peas, Warm Pineapple, Rye Bread, Lemon Cake Cold: Turkey on Multigrain Bread, Chef Salad, Marble Pudding</p>	<p>Hot: Baked Cod with Mango Salsa, Rice Pilaf, Broccoli, Corn Bread, Pear Crisp Cold: Cold Meat Loaf on Roll, Marinate Beet and Onion Salad, Fresh Fruit</p>	<p>Hot: Chicken Parmesan over Penne, Spinach, Roll, Tropical Fruit Cold: Slice Cold Pork Loin on a Brioche Roll, Cranberry-Apple-Raisin Salad, Nilla Wafers</p>	<p>Hot: Roast Beef, Gravy, Roasted Red Potatoes, Seasoned Squash, Wheat Roll, Jell-O Cold: Egg Salad over Greens, Pita, 4 Bean Salad, Orange</p>



Weeks Eleven to Thirteen

<p>Hot: Italian Sausage w/Peppers, Onion and Tomato Sauce, Peas, Corn, soft roll, Pineapple Cold: Tuna Salad on wheat roll, Sweet and Sour Slaw, Wafers</p>	<p>Hot: Meatloaf with Gravy, Mashed Potatoes, Broccoli, White Bread, Vanilla Mousse Cold: Chicken Cranberry Salad over greens, whole grain crackers, Brownie</p>	<p>Hot: Breaded Fish with Creamy Lemon Sauce, Sweet Potatoes, Confetti Cauliflower, Wheat Roll, Pear Crisp Cold: Turkey on Multigrain bread, Macaroni Salad, Orange</p>	<p>Hot: Veal Parmesan with Sauce, Italian Green Beans, Chef Salad, Penne Pasta, Pumpkin Cake Cold: Roast Beef and Provolone on Rye, Waldorf Salad, Graham Crackers</p>	<p>Hot: Turkey Chili con Carne, Carrots, Brown Rice, Corn Bread, Apple Cold: Ham Salad, Mixed Greens, Pita, Berry Shortcake</p>
<p>Hot: Turkey, Gravy, Mashed Potatoes, Peas, Carrots, Stuffing, Cranberry Jell-O Cold: Julienne Salad, crackers , Oatmeal Raisin Bar</p>	<p>Hot: Beef Stew, Brussels Sprouts, Biscuit, Strawberry Bavarian Cold: Chicken Club Pasta, Italian Breadstick, Orange</p>	<p>Hot: Cabbage Roll with savory meat sauce, Mashed Potatoes, Corn, Rye Bread, Apricots Cold: Turkey on Multigrain, Marinated Vegetable Salad, Applesauce</p>	<p>Hot: BBQ Pork Ribette, Au Gratin Potatoes, Seasoned Spinach with Mushrooms, Soft Roll, White Cake with Chocolate Frosting Cold: Parmesan Tuna Salad, Wheat ,Beets, Mandarin Oranges</p>	<p>Hot: Breaded Fish Patty with Tartar Sauce, Mac and Cheese, Cole Slaw, Roll, Pineapple Cold: Roast Beef on Soft Roll, Potato Salad, Lorna Doone</p>
<p>Hot: Cheese Ravioli with Meat Sauce, Peas, Yellow Squash and Peppers, Italian Bread, Snicker Doodle Cold: Ham and Swiss on Brioche roll, Chef Salad, Pineapple</p>	<p>Hot: Chicken Cordon Bleu, Orange Glazed Carrots, Green Beans, Rice, Marble Cake Cold: Salmon Caesar Salad, Pita, Peaches</p>	<p>Hot: Roast Beef and Gravy, Sweet Potato, Sweet and Sour Cabbage Stuffing, Cherry Cake Cold: Southwest Chicken Salad, Greens, Tortilla Chips, Apple</p>	<p>Hot: Bratwurst and Baked Beans, Roasted Potato, Vegetable Medley, Roll, Pudding Cold: Tortellini Salad, Sesame Crackers, Mandarin Oranges, Brownie</p>	<p>Hot: Cheddar and Sausage Omelet, Hash Browns, Tomato and Basil Casserole, Mini Muffin packet, Tropical Fruit Cold: Cold Meat Loaf on roll Brioche Roll , Broccoli Salad,</p>